Unit 53: NOUNS WITHOUT THE OR A

Sometimes we do not use **the** or **a / an / some / any** at the beginning of a noun phrase; we use nothing at all.

1 With names

With most names of people, places and times (Unit 48).

2 Talking generally

We all need food to live.	NOT	the food
Cooking is difficult.	NOT	the cooking
Chefs feed hungry people.	NOT	the chefs

BUT The water in this bottle is dirty. (Unit 52) He has had a good life. (Unit 54)

3 Identifying

With mass nouns:	It's coffee.
and plural nouns;	We are dishwashers .
BUT with singular nouns:	I am a dishwasher / It is a sink.

4 Talking about meals

He has breakfast at six.	NOT the breakfast
Why don't you stay for lunch?	NOT the lunch

5 Talking about illnesses

I think I've got **flu**. NOT *the* flu

6 After prepositions

When we are talking about:					
travelling	We went by bus.	NOT the bus			

some places	He was in bed.		NOT the bed	
	They went to work early.		NOT the work	
	She's in prison with a life sentence.			
	Also with church, university			
	1.		, · · ·	
some times of day	at night	at midnight	at sunrise	
	BUT in the morning		in the afternoon	

BUT use **the** if you are saying which. We went by **the 7:45** bus. She's in **the hospital on Yonge Street.**

NOTICE: The, or a / any / some / any, or nothing? (Unit 54)